

Who are Seventh-day Adventists?

Seventh-day Adventists are Christians who want to know God better and experience Him more in their lives each day. As an active church in 205 of the 230 countries recognised by the United Nations, the Seventh-day Adventist Church numbers millions of baptised adult members worldwide.

The name "Seventh-day Adventist" highlights two important beliefs: the second coming, or "advent" of Jesus, expresses the church's vital hope; the seventh-day Sabbath, or Saturday, emphasises the biblical day of worship of God as Creator and Saviour.

Seventh-day Adventists observe the Sabbath, as outlined in the Bible, from Friday sunset to Saturday sunset by refraining from all work and spending time with family, friends and in worshipping God.

Seventh-day Adventists treasure the Bible as their only creed. Central to Adventists' understanding and practice is a firm belief in: God the Creator, Jesus Christ His Son and the presence of the Holy Spirit; Christ's death and resurrection; and salvation that is received solely through faith in God's grace in Jesus Christ

Seventh-day Adventists believe in sharing their faith in God through active, involved witness. Churches, schools and medical facilities provide opportunities for pastors, trained specialists and members to dedicate their lives in service to others.

Seventh-day Adventists are actively involved in religious liberty and human rights issues, humanitarian aid and development, health and wholeness, education and personal growth and social and community issues. Not only concerned with spiritual health, Seventh-day Adventists promote a healthier lifestyle - free of alcohol, smoking and the use of illegal drugs. Most Seventh-day Adventists also follow a vegetarian lifestyle that includes eggs and dairy products.

To find out more about the Seventh-day Adventist Church in the South Pacific:

- Visit adventist.org.au
- Contact the Communication and Public Relations Department by phoning +61 2 9847 2222, by faxing +61 2 9847 2200 or by emailing communication@adventist.org.au